



The Essex Alliance

*Working together to represent the parents and carers of
Southend, Essex and Thurrock*

Keyworker Engagement Event
March 2022

NHS Long Term Plan – What is it?



The NHS Long Term Plan



The NHS Long Term Plan (formerly known as the 10-year plan) was first published on 7 January 2019 (Pre-Covid) and was drawn up by frontline staff, patients groups, and national experts. It aims to be ambitious but realistic.

The plan sets out a vision for how services in England will be transformed over the next 10 years and outlines how the £20.5 billion annual funding boost for the NHS will be spent.

Link to the NHS Long-Term Plan website: <https://www.longtermplan.nhs.uk/>

A useful 2 page summary can be found using this link: <https://www.longtermplan.nhs.uk/wp-content/uploads/2019/01/the-nhs-long-term-plan-summary.pdf>



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NHS Long Term Plan and Keyworking?

The plan states:

“By 2023/24 children and young people with a learning disability, autism or both with the most complex needs will have a designated keyworker, implementing the recommendation made by Dame Christine Lenehan.

Initially, keyworker support will be provided to children and young people who are inpatients or at risk of being admitted to hospital. Keyworker support will also be extended to the most vulnerable children with a learning disability and/or autism, including those who face multiple vulnerabilities such as looked after and adopted children, and children and young people in transition between services”

Link to the NHS Long-Term Plan website: <https://www.longtermplan.nhs.uk/>



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What is meant by a Keyworker?

The ambition is to support children and young people to navigate the health and care system.

Its purpose is to enable children and young people to:

- ✓ achieve personal goals
- ✓ to live a more settled life within their community
- ✓ avoid unnecessary hospital admissions

Keyworkers will need to be able to:

- ✓ Identify and challenge barriers to success and support the child or young person and their family and carers to navigate the health and care system around them.
- ✓ Working closely with the child or young person and their family, identifying solutions and what “good” looks like for them
- ✓ Educate colleagues across the system on the role of the keyworker and key processes such the dynamic support register (DSR) and Care and Education Treatment Reviews (CETRs).



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Will everyone who has Autism/and or a Learning disability get a Keyworker?

The Long-Term plan and ambition is that by 2023/24 children and young people with a learning disability, autism or both with the **most complex needs** will have a designated keyworker.

This means not all children with Autism/and or a Learning disability will have access. The service will initially focus on children and young people who are at risk of or are in in-patient mental health settings are on the [Dynamic Support Register \(DSR\)](#) The DSR is a register of children and young people who have a Learning Disability, Autism or both and are at risk of going into, or are in, inpatient mental health settings.

Once a child is considered to have a significant need and is placed on the register; their need is carefully reviewed by professionals involved as

- *High-Risk*
- *Medium Risk*
- *Low Risk*

The key worker service will be phased to start. It will initially be in place to support children and Young people up to the age of 18 and will then increase to support up the age of 25.

You can read more about this process within the document “*Preventing Inappropriate Admissions to mental health hospitals for children and young people with Special Educational Needs and/or Disabilities (SEND)*”. Link: <https://essexfamilyforum.org/wp-content/uploads/2021/06/Parent-carers-Guide-to-Mental-Health-Services-EF-FV.pdf>



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Will everyone who has Autism/and or a Learning disability get a Keyworker?

As well as children and young people (CYP) in or at risk of admission to a mental health setting, Keyworker support will also be extended to the **most vulnerable** children with a learning disability and/or autism whose needs are complex.

These will include children and young people who are :

- ✓ In/or at risk of being in residential care
- ✓ In/or at risk of being looked after
- ✓ adopted
- ✓ Children and young people in transition between services

The service will develop and evolve over the coming months and years until it is hoped full implementation of the service by 23/24 in line with the national expectations as stated in the NHS long Term Plan.



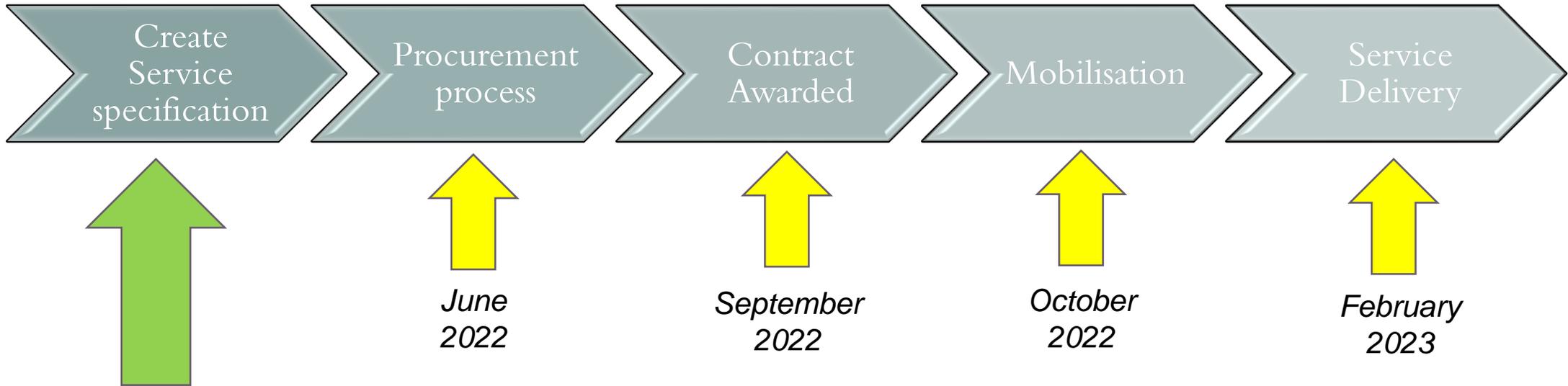
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Where are we in Essex?

We are at the early stages of designing the service to meet our local needs. The roll out of keyworkers has been purposely staged and therefore have the benefit of the learnings from pilot and early adopter sites.

We are busy working to create a service specification on how we want Keyworking to look like in Essex.



We are here!

Service delivery will commence in February 2023 for inpatients only. The service will evolve, develop and will then be extended to all Children and Young people as previously identified in the months that follow..

Please note these timescales are approximate and subject to change



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Outcomes for children, young people and their families

There are detailed **National** objectives and outcomes that the Keyworking function aim to provide. Below are the **national** outcomes for children, young people and their families.

- ✓ Inequalities in access to support are reduced;
- ✓ Children and young people feel safe and happy;
- ✓ Children and young people feel listened to, informed and involved;
- ✓ Children and young people feel involved in their plans, care and support;
- ✓ Families experience a reduction in stress and uncertainty;
- ✓ Families experience an increase in stability;
- ✓ Families feel listened to, informed and involved



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Your Voice

We want to hear your voice!!

Its important to hear the voice of parents and carers of children and young people. Parents and carers will often have “lived experience” and will understand and be able to explain what would be helpful and what support is needed.

We will then use this information to help shape the service specification



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Your experience

What is/has worked for you and your family?

What has not worked for you and your family?



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Thinking about the Keywork service and what it could provide:

What would be important to you?

What would you definitely want?

What would you definitely not want?



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Given that people are likely to get a keyworker at a point of difficulty or crisis:

What would you want them to do?

How would you want them to do it?

What might they do if they had some small amounts of money that they could spend to help support a situation?



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The impact of the service:

What outcomes would you want to see achieved?

What difference should it make that we could see?



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Now that you have heard about Keyworkers, we are interested to know if you think it will make a difference?

I feel hopeful that it will make a difference

0 - No hope

10 - Really hopeful

Score (0-10) :



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THANK YOU



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