

# A Guide to Supported Internships for Careers Leaders, Parents and Guardians

A study programme to give young people the skills needed for work through workplace learning

## STEP 1 - Understand job opportunities

- Vocational Profiling (helps identify personal aims for work)
- Careers advice
- Work and interest activities
- Review Education Health and Care Plan goals



## STEP 2 - Encourage Work Experience & Volunteering

- Helps a young person decide their career pathway
- Learn and develop life skills
- Improves teamwork and communication
- Builds skills needed for work

## STEP 3 - Suitability

- Aged between 16 and 24 with an Educational Health and Care Plan
- Young person wants to study and work
- Will be ready for paid work within a year



## STEP 4 - In work support available if needed

- Essex County Council can offer travel training support
- Job Coach and reasonable adjustments (Access to Work)
- Learning support through training provider

## STEP 5 - For further information contact:

[targetedemployment@essex.gov.uk](mailto:targetedemployment@essex.gov.uk)

