



Monthly Snapshot from EFF

Week ending – 26/07/2026

Essex Family Forum receives many comments through our online Graffiti Wall, at events and through our Family Champions. Although we are not able to address all of these through this snapshot, please be assured that all feedback is raised with services and issues that are shared repeatedly are being highlighted.

You said:	We did:
Changes to One Plans - Parent carers told us that certain important information has been removed from their child's one plan document at the time of transition from primary to secondary. The information being removed included significant safeguarding issues and should not have been taken off as still present.	We will be raising this at the relevant monthly quadrant meetings which are attended by representatives from education, health and social care. It's a good idea to ensure your child or young person has a one plan meetings in the term before transition. This will help to make sure the plans are covering all the child's needs and an opportunity to challenge if anything has been incorrectly added/removed.
Increase in feedback around Emotionally Based School Avoidance (EBSA) - We have been hearing more children and Young people experiencing EBSA and some schools are not being very supportive.	We will be raising this with Essex County Council. If you are currently experiencing this, you can contact SENDIASS for advice: https://www.essexsendiass.co.uk/parents-and-carers/attendance/emotionally-based-school-avoidance-ebsa You can also look at this document, which will give you information about what school can be doing. https://essexfamilyforum.org/wp-content/uploads/2025/01/Final-Lets-Talk-We-Miss-You-Family-Edition.pdf
Support with school attendance - We have heard from families that getting children into school is becoming increasingly challenging with a lack of support during the early morning transition time. Parents/carers are reporting feeling isolated and left to cope.	We will continue to liaise with relevant SEND quadrant leads regarding this. There are different SEND Professionals that may support your child at school. See the Essex Local Offer page: SEND professionals who may support your child at school Essex Local Offer



You can access SEND IASS for support:
[Essex SEND - Information, Advice and Support Service](#)

'Preparing For The Future' Online Event, 9 & 10 November 2026 - SAVE THE DATE!

We're pleased to share that we are bringing together, along with Essex Carers Network and Essex County Council, a free online event for parents and carers, shaped by what families have been telling us they need to support young people from age 13 to 25 and beyond.

Our aim is for the event to share clear, consistent information to help families plan for the future. It will support families from Year 9 onwards, whatever their young person's age, needs, or situation, and will cover themes such as education, employment, independent living, and community inclusion.

We are working with Essex Carers Network, Essex County Council, and other services to share information across key Preparing for Adulthood topics. Sessions will reflect the themes families have raised with us and offer practical guidance to help parents and carers feel more confident about next steps.

Register your interest - Be the first to receive updates and booking details:

<https://forms.office.com/e/BqtRutQvmz>

In other news.....

Carly and Ange attended a Basildon SEND forum. The event was hosted by Basildon councillors Gavin and Emma Callaghan, who invited Jerusha Murdock-Kelly, Deputy Director for Babies, Children and Young People at Mid and South Essex NHS Foundation Trust, to listen directly to the experiences of local families.

The discussion focused on families' experiences of hospitals, including A&E departments, outpatient appointments, waiting areas, and procedures for children and young people with Special Educational Needs and Disabilities (SEND).

Please note: The Graffiti Wall and Snapshot is designed to give anonymised feedback and cannot be used to answer individual queries.

All EFF staff are part time and work on a flexible basis. If there are weeks when a quadrant does not appear represented in this snapshot, we are still working hard. Please bear this in mind.